

# Time to think about insulin? Take a moment to get answers.

If your doctor says you need to begin treatment with a long-acting insulin, Toujeo<sup>®</sup> may be an option for you. Talk with your doctor. These questions can help.



## Questions to ask your doctor:

- 1 What are the signs that my diabetes may be changing?  
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- 2 Why isn't it enough to take non-insulin medications?  
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- 3 Could a long-acting insulin help me work toward my blood sugar goals?  
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\_\_\_\_\_
- 4 What are the side effects of Toujeo?  
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\_\_\_\_\_
- 5 Could Toujeo be an option for me?  
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\_\_\_\_\_

### What is Toujeo<sup>®</sup> (insulin glargine injection) 300 Units/mL?

Prescription Toujeo<sup>®</sup> is a long-acting insulin used to control blood sugar in adults with diabetes mellitus.

- Toujeo<sup>®</sup> contains 3 times as much insulin in 1 mL as standard insulin (100 Units/mL)
- Toujeo<sup>®</sup> is not for use to treat diabetic ketoacidosis
- Toujeo<sup>®</sup> should not be used in children

### Important Safety Information for Toujeo<sup>®</sup> (insulin glargine injection) 300 Units/mL

Do not take Toujeo<sup>®</sup> if you have low blood sugar or if you are allergic to insulin or any of the ingredients in Toujeo<sup>®</sup>.

**Do NOT share your pen(s) with other people, even if the needle has been changed.** You may give other people a serious infection, or get a serious infection from them.

Before starting Toujeo<sup>®</sup>, tell your doctor about all your medical conditions, including if you have liver or kidney problems, if you are pregnant or planning to become pregnant, or if you are breastfeeding or planning to breastfeed.

Please see page 3 for full Important Safety Information for Toujeo<sup>®</sup>

Please [click here](http://products.sanofi.us/toujeo/toujeo.pdf) or visit <http://products.sanofi.us/toujeo/toujeo.pdf> for full Prescribing Information



## Questions to ask your doctor (cont'd):

6 What do I need to know about dosing?

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7 What is injecting with Toujeo like?

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8 What if I skip or forget a dose of Toujeo?

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### Questions your doctor may have for you:

1. Have you been tracking your blood sugar?
2. Have you experienced any symptoms?
3. Have you been following your treatment plan?

### Need help answering them?

1. Bring your blood sugar log with you
2. Jot down any symptoms you've experienced—even if you start today
3. Tracking can help you and your doctor evaluate what changes may need to be made

### Are you prepared?

Here's what to bring to your next doctor's visit:

- Insurance card
- Physician referral (if you're seeing a specialist)

- Medical history
- Names and dosage of current medications
- Food diary

### Important Safety Information for Toujeo® (insulin glargine injection) 300 Units/mL

Heart failure can occur if you are taking insulin together with pills called TZDs (thiazolidinediones), even if you have never had heart failure or other heart problems. If you have heart failure, it may get worse while you take TZDs with Toujeo®. Your treatment with TZDs and Toujeo® may need to be changed or stopped by your doctor if you have new or worsening heart failure. Tell your doctor if you have any new or worsening symptoms, including:

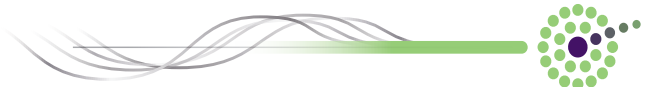
- Shortness of breath
- Swelling of your ankles or feet
- Sudden weight gain

Tell your doctor about all the medications you take, including OTC medicines, vitamins, supplements, and herbal supplements.

Toujeo® should be taken at the same time once a day. Test your blood sugar levels daily while using any insulin. Do not change your dose or type of insulin without talking to your doctor. Verify that you have the correct insulin before each injection. **Do NOT use a syringe to remove Toujeo® from your pen.** Your dose for Toujeo® may be different from other insulins you have taken. Any change of insulin should be made cautiously and only under medical supervision.

Please see page 3 for full Important Safety Information for Toujeo®

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**Do NOT dilute or mix Toujeo® with any other insulin or solution.** It will not work as intended and you may lose blood sugar control, which could be serious. Use Toujeo® only if the solution is clear and colorless with no particles visible.

While using Toujeo®, do not drive or operate heavy machinery until you know how Toujeo® affects you. Don't drink alcohol or use other medicines that contain alcohol.

**The most common side effect of any insulin, including Toujeo®, is low blood sugar (hypoglycemia), which may be serious and life-threatening.** Severe hypoglycemia may cause harm to your heart or brain. Symptoms of serious low blood sugar may include shaking, sweating, fast heartbeat, and blurred vision.

Toujeo® may cause severe allergic reactions that can lead to death. Get medical help right away if you have:

- A rash over your whole body
- Shortness of breath
- Swelling of your face, tongue, or throat
- Extreme drowsiness, dizziness, or confusion
- Trouble breathing
- Fast heartbeat
- Sweating

Toujeo® may have additional side effects including swelling, weight gain, low potassium, and injection site reactions, which may include change in fat tissue, skin thickening, redness, swelling, and itching.

Toujeo® SoloStar® and Toujeo® Max SoloStar® are disposable prefilled insulin pens. It is important to perform a safety test when using a new pen for the first time. Talk to your doctor about proper injection technique and follow instructions in the *Instruction Leaflet* that comes with the pen.

Please [click here](#) or visit

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