

Bill: Toujeo Video Transcript - Verbatim

00;00;28;25 - 00;00;51;02

Bill Rodriguez

I love living on the coast of California. At night, my wife and I go to sleep listening to the sound of crashing waves. During the day, we work on projects around the house. We also love to garden. We're really stoked about our new lemon tree. I guess that's fitting because I believe when life gives you lemons, you make lemonade.

00;00;51;26 - 00;01;16;02

Bill Rodriguez

And believe me, as a person who's lived with type one diabetes for 45 years, I've had lots of practice. My grandmother and father both had diabetes, so I was disappointed, but not surprised when I was diagnosed. Even though I had watched my dad inject himself, it was still scary being prescribed insulin in high school, and I wasn't very compliant initially.

00;01;18;09 - 00;01;41;15

Bill Rodriguez

I eventually learned to handle needles, but I struggled to keep my blood sugar under control. In my early thirties, I finally started on an injectable that worked well for me. But by then the damage was done. I had so many diabetes related complications. Heart and kidney problems, neuropathy in my feet that caused me to lose a couple of toes.

00;01;41;25 - 00;02;17;24

Bill Rodriguez

I also had retinopathy in my eye. That was way too many lemons, and I knew something had to change. I realized I had spent years walking out of my doctor's office without asking about medications, without asking how my body worked, without asking anything, really. I failed myself by not learning more about my diabetes and my treatment options. But I began to advocate for myself, and I found a doctor who helped me understand more about my diabetes and really listened to my questions.

00;02;18;10 - 00;02;40;14

Bill Rodriguez

He was the one who suggested I try Toujeo. This time I did the research. I looked into Toujeo, and I really liked what I learned. I liked that it's long lasting, and it was really encouraging to know that so many others were taking it with good results. That's when I said. Let's give it a try. And I'm so glad I did.

00;02;42;02 - 00;03;03;10

Bill Rodriguez

Toujeo works well for me. It helps me keep my blood sugar where I need it. And because the Toujeo Max pen holds more insulin and can give a larger dose in one shot, that means fewer

injections for me, which I really like. I've learned over the years that if you want a good outcome, you have to put the work in. The diet...

00;03;03;14 - 00;03;23;04

Bill Rodriguez

...the exercise, talking with my doctor, that's on me. But the right treatment is key too and I'm really glad I have Toujeo for that. I really shudder to think where my life would be if I hadn't found the right doctor and the right treatment. You know, my grandson and daughter came to live with us when I was still struggling to manage my diabetes.

00;03;23;25 - 00;03;41;11

Bill Rodriguez

At that time, I wondered how I would run and play catch and do all those things I dreamed of. But we do. We go to the beach. I take him skateboarding. He's my best companion. It took me a while to figure out what to do when life gave me lemons. But I'm so glad I never gave up.

©2022 sanofi-aventis U.S., LLC. All rights reserved.

MAT-US-2108218-v1.0-02/2022